

*We Bring you the*  
**Best!** **F&T Distributing Company Inc.**

15 Royal Road • Ithaca, NY 14850  
 607-273-3811 • 800-395-3811 • Fax 607-273-3564

# Healthy Profits



- 821876 Sabra To Go Roasted Red Pepper Hummus & Pretzels
- 823039 Sabra To Go Plain Hummus & Pretzels
- 823047 Sabra To Go Garlic Hummus & Pretzels

12-4.3 oz. refrigerated  
**SRP \$2.99     36% Profit**



**fresh**



- 850008 Dippin' Stix Apple Caramel
- 850016 Dippin' Stix Apple & Yogurt Fruit Dip
- 850024 Dippin' Stix Apple & Peanutbutter
- 850032 Dippin' Stix Carrots & Ranch Dip

6-2.75 oz. refrigerated  
**SRP \$1.99     38% Profit**

**the right mix right now!**

**new**



- 219540 Special K Cracker Chips with Sea Salt
- 6 - 1.06 oz. bags

**SRP \$1.79     30% Profit**

**Great Single Serve Bags!**

- 400180 Craisins Dried Cherries
- 400184 Craisins Trail Mix Fruit & Nut
- 400192 Craisins Trail Mix Cran Chocolate
- 400200 Craisins Original

12-6 oz. bags  
**SRP \$3.49     39% Profit**

**SNACK HEALTHY!**



- 412140 Blue Corn Tortilla Chips 24-1.5 oz. bags
- 412089 Cheddar Corn Tortilla Chips 24-1.5 oz. bags
- 412122 Multigrain Tortilla Chips 24-1.5 oz. bags
- 412130 Olive Tortilla Chips 24-1.5 oz. bags
- 412136 Sweet Potato Tortilla Chips 24-1.5 oz. bags

- 412144 Blue Corn Tortilla Chips 12-5.5 oz. bags
- 412084 Cheddar Corn Tortilla Chips 12-5.5 oz. bags
- 412080 Lime Tortilla Chips 12-5.5 oz. bags
- 412098 Multigrain Tortilla Chips 12-5.5 oz. bags
- 412106 Olive Tortilla Chips 12-5.5 oz. bags
- 412114 Sweet Potato Tortilla Chips 12-5.5 oz. bags



**we**  
**deliver**  
**healthy**  
**PROFITS!**



- 300719 Cheribundi Tru Cherry
- 300723 Cheribundi Skinny Cherry

12 - 8 oz. plastic

**SRP \$1.99 41% Profit**

**local!**



- 520635 Odwalla Chocolate Chip Peanut Bar 15-2 oz. bars
- 520676 Odwalla Super Protein Bar 15-2 oz. bars
- 528992 Odwalla Berries Go Mega Bar 15-2 oz. bars
- 530949 Odwalla Strawberry Pom Bar 15-2 oz. bars
- 530956 Odwalla Banana Nut Bar 15-2 oz. bars
- 520668 Odwalla Peanut Bar 15-1.6 oz. bars
- 532051 Odwalla Sweet & Salty Chewy Peanut 15-1.6 oz. bars
- 532069 Odwalla Sweet & Salty Chewy Almond 15-1.6 oz. bars
- 532040 Odwalla White Chocolate Macadamia 15-1.6 oz. bars

**SRP \$1.59 36% Profit**

- 306127 Odwalla Strawberry C Monster
- 306242 Odwalla Strawberry Banana
- 306093 Odwalla Superfood Mo'Beta
- 306101 Odwalla Superfood Original
- 306107 Odwalla Pink Poetry (available in October)
- 306113 Odwalla Red Rhapsody
- 306119 Odwalla Super Protein Original
- 306250 Odwalla Vanilla Protein Monster
- 306085 Odwalla Blueberry B Monster
- 307992 Odwalla Carrot Juice
- 306135 Odwalla Citrus C Monster
- 306234 Odwalla Mango Tango
- 307505 Odwalla Orange juice

6-12 oz. plant bottles

**SRP \$2.99 35% Profit**



- 308015 POM Pomegranate Original 6-16 oz.
- 3080111 POM Light Pomegranate 6-16 oz.
- 308056 POM Blackberry Black Tea 6-16 oz.
- 308049 POM Lychee Green Tea 6-16 oz.
- 308064 POM Peach Passion White Tea 6-16 oz.



**the  
perfect  
post workout  
beverage**

307100 Rockin Refuel Chocolate Protein Milk  
 307104 Rockin Refuel Vanilla Protein Milk  
 307108 Rockin Refuel Strawberry Protein Milk

12-12 oz. plastic

**SRP \$1.89      43% Profit**



**Products Your Customers Want  
 Consolidated Purchasing  
 Web Based Data Management Tools  
 On Time Deliveries**

**saves YOU  
 time & money**



- 812115 Carnation Instant Breakfast Chocolate 12-11 oz. plastic
  - 812230 Carnation Instant Breakfast Vanilla 12-11 oz. plastic
- SRP \$2.49      38% Profit**



- 306959 resource Electrolyte Water 24-700 ml plastic
- SRP \$1.69      60% Profit**

**Smarter than Smart Water!**



**new**

308408	Chobani Apple Cinnamon	12-6 oz.
308399	Chobani Blood Orange	12-6 oz.
308387	Chobani Vanilla	12-6 oz.
308395	Chobani Honey	12-6 oz.
308403	Chobani Strawberry	12-6 oz.
308411	Chobani Blueberry	12-6 oz.
308429	Chobani Peach	12-6 oz.
308363	Chobani Plain	12-6 oz.
308367	Chobani Blackcherry	12-6 oz.
308371	Chobani Pineapple	12-6 oz.
308375	Chobani Raspberry	12-6 oz.
308379	Chobani Pomegranate	12-6 oz.
308383	Chobani Strawberry Banana	12-6 oz.
308391	Chobani Mango	12-6 oz.

**SRP \$1.79 36% Profit**

- 306950 Poland Springs Sparkling Lemon Water
- 306953 Poland Springs Sparkling Lime Water
- 306956 Poland Springs Sparkling Raspberry Water

12 - 1 Liter PET

**SRP \$1.59 43% Profit**



- 306983 San Pellegrino  
15-750 ml glass

**SRP \$2.59 46% Profit**

- 309925 San Pellegrino  
24-250 ml glass

**SRP \$1.49 45% Profit**

- 303099 Poland Spring Water 24-16.9 oz.

**SRP .79 43% Profit**

- 306050 Poland Spring Water Sport 24-24 oz.

**SRP \$.99 55% Profit**

